

First Annual Light the Way 5K

JOIN US SUNDAY, OCT. 18 AT THE GETTYSBURG HIGH SCHOOL

at 10 a.m. to participate in the first-ever Light the Way 5K. This event will raise funds for Adams Electric's member assistance program, Project Helping Hand. The program helps members in need to pay their electric bills and is supported by fellow members. Race day registration begins at 9:00 a.m. at 1130 Old Harrisburg Road, Gettysburg. Prizes will be awarded.



LIGHTING THE COMMUNITY ONE STEP AT A TIME



ADAMSEC.COOP/CONTENT/LIGHT-WAY
FOR MORE INFO OR TO REGISTER



**Adams Electric
Cooperative, Inc.**

A Touchstone Energy® Cooperative

REGISTRATION FEE:

\$30, cash or check only, (INCLUDES T-SHIRT)

Complete a registration form and return to 1338 Biglerville Road, Gettysburg PA, 17325; scan and email to sarahf@adamsec.coop or register online at adamsec.coop/content/light-way

THANK YOU TO OUR SPONSORS!



**Your registration fee may be tax-deductible.*



Central Electric Cooperative
A Touchstone Energy® Cooperative

LIGHT THE WAY 5K REGISTRATION

When: October 18, 2015
Registration opens at 9 a.m., race begins at 10 a.m.

Where: Gettysburg Area High School

Cost: \$30, cash or check payable to Adams Electric PHH

***Race is on a dirt trail, cross-county course. The school's rules specify no pets, strollers or like wheeled-carts will be permitted on the course. No tobacco products on school property.*

Name of participant: _____

If a minor (under 18) a parent/guardian must register and sign attached waiver.

Parent/guardian name (if under 18): _____

Age: _____

Email: _____

Phone number: _____

Address: _____

T-shirt size: (guaranteed if registered before Sept. 15)

- ____ Small
- ____ Medium
- ____ Large
- ____ X-Large
- ____ XX-Large
- ____ XXX-Large

Please complete the above information, sign the attached waiver, and return with check or cash payment to:

Adams Electric Cooperative
Sarah Frank
1338 Biglerville Road
P.O. Box 1055
Gettysburg, PA 17325

A signed waiver must be signed and returned for every participant to be eligible to participate in the race. You may also return the completed forms to any Adams Electric district office. Runner packet pick-up will begin Oct. 18 at 9 a.m at the Gettysburg Area High School. For more information, visit adamsec.coop/content/light-way.

THANK YOU TO OUR SPONSORS.



Adams Electric Cooperative, Inc. "Light the Way 5K"

Waiver, Release and Indemnity Agreement, and Agreement to Use Personal Images and Sound

I understand and acknowledge that the Light the Way 5K Walk/Run event and any activity related thereto (collectively, the "Event") involves physical activity, and poses a risk of injury, discomfort, illness, accident, and even death. I am solely responsible for my own health and safety at all times, and all assessment of same prior to, during, and after the Event, and regardless of whether I am participating or observing at any given time.

In consideration of being allowed to participate in the Event, I hereby agree, voluntarily and with full knowledge that: (i) I am in good physical and mental condition, and can safely participate in the Event; (ii) medical care may not be available at the Event, but, if it is, I assume all liability for all medical services and expenses of every kind incurred as a result of my participation in the Event; (iii) I assume fully and completely, for my person (body), my property, my health, and my well-being, all risks of harm or injury of every kind, type, and degree, up to and including death, arising from or in any way out of my participation in the Event; (iv) for myself, my heirs, executors, administrators, and assigns, I waive, release, covenant not sue, and discharge forever Adams Electric Cooperative, Inc., and its Directors, officers, employees, volunteers, agents, representatives, subsidiaries, and all businesses, organizations, and individuals that have sponsored the Event, and their employees and agents (collectively herein, "Adams Electric Et.Al."), from any and all claims, demands, liability, loss, injury (of any degree, up to and including, but not limited to, death), causes of action, and damages, and even if the possibility of the occurrence of same was known to Adams Electric Et.Al, that arise from or are in any way related to my participation in the Event; and (v) I shall indemnify and hold harmless Adams Electric Et.Al. from any and all claims, demands, liability, loss, injury, causes of action, and damages, including without limitation attorneys' fees, that arise from or are in any way related to my participation in the Event.

Further, and for all time, I hereby irrevocably grant to Adams Electric Cooperative, Inc. permission to record and to use my photograph, voice, and likeness in conjunction with the Event, and for any legitimate purpose thereafter, including without limitation, commercial purposes, without compensation to me. I understand and agree that the term "photograph" encompasses all images of any kind, whether still, electronic or otherwise, as well as video (motion) images. I waive all rights of inspection of same, and agree that same shall be the sole property of Adams Electric Cooperative, Inc.

To the extent I am the parent or guardian of a child under the age of eighteen, or an incapacitated person, and I am hereby registering that person for the Event, then I represent and warrant that I have the authority to enter into this Agreement on their behalf, and I consent to their participation. Further, by signing this Agreement, I agree: (i) both for and on behalf of my child or ward, and also for myself, personally and individually, to all terms and conditions hereof; and (ii) that, for myself, my heirs, executors, administrators, and assigns, I waive, release, covenant not sue, and discharge forever Adams Electric Et.Al., from any and all claims, demands, liability, loss, injury (of any degree, up to and including, but not limited to, death), causes of action, and damages, and even if the possibility of the occurrence of same was known to Adams Electric Et.Al, that arise from or are in any way related to my child's or ward's participation in the Event; and (iii) that I shall indemnify and hold harmless Adams Electric Et.Al. from any and all claims, demands, liability, loss, injury, causes of action, and damages, including without limitation attorneys' fees, that arise from or are in any way related to my child's or ward's participation in the Event.

I HAVE READ THE ABOVE WAIVER, RELEASE, AND INDEMNITY AGREEMENT, AND AGREEMENT TO USE PERSONAL IMAGES AND SOUND. I HAVE SIGNED THIS DOCUMENT VOLUNTARILY AND I UNDERSTAND THAT, EITHER PERSONALLY AND/OR FOR MY CHILD OR WARD, I HAVE GIVEN UP SUBSTANTIAL LEGAL RIGHTS BY SIGNING IT.

(Participant's Signature):_____ (Print Name):_____

If Participant is a minor or incapacitated person, then a parent or guardian must sign below:

(Parent/Guardian Signature):_____ (Print Name):_____